25 Team-Building Games and Activities Book

Fun and Creative

The Best Team Games

Easy to organize

Explained step by step
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Introduction

Team building is a conglomeration of the two words ‘team’ and ‘building’. It is a process of forming an efficient team. Team building is meant to improve relationships between group members and overcome barriers to meeting common goals. The level of relationship for any team matters. With team building, you can improve communication for any team.

The goal of these team building programs is to integrate the talent, abilities, and creativity of the group members. It is focused on achieving the common goals of the team to be achieved by increasing interaction and strengthen its members. Another goal of team building is to create a framework in which employees communicate better, work better in a team, and build closer ties. In recent times, the world has experienced a tremendous increase in the implementation of team building activities.

Starting from camp leaders to organizers, and many different companies, none have been left out in this trend. Achieving great results is inevitable for any well-built team. Work efficiency is always better when handled by a skilled and organized group, not individually; this is a significant reason to enhance team building and improvement. Team-building or team-bonding shouldn’t be seen as merely recreational but organized in such a way as to enhance the relationships between people.

The approach used in preparing a team-building activity should differ depending on the group of people involved. For instance, team-building activities for teens should be kept simple in both explanation and content. While employees could be complicated with their cadre put into consideration. To achieve the aim of implementing team-building games and activities, the organizers must plan and structure their games properly. You need to develop a concrete plan that includes goals for the team and individual participants.

With all these information well structured and analyzed in advance, you can build any team. The primary objective is to unite the team and create an avenue for employees to bond despite their differences. Usually, this is also in an atmosphere of games and activities, where everyone has freedom of expression and teamwork. Under this atmosphere, You can easily spot individuals with good leadership qualities, great strategists, exceptional coordinators.
River Crossing is one of the cooperative games that involve group coordination and teamwork. The aim of this game is for all members of the group to cross the river without falling or touching the earth. You can find solutions using platforms or pieces of wood on which to walk.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>10-20</td>
<td>15 – 20 min</td>
<td>1. Pieces of wood or paper</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2. Rope marking for the river</td>
</tr>
</tbody>
</table>

How to setup

You could group participants into several sections or two teams to compete together. It’s enjoyable and soothing for both indoor and outdoor recreations. The participants prepare several pieces of wood or cardboard paper, etc. This is to help your team cross the river.

How to play:

- **Step1:** It’s more preferable to play this game on a leveled ground. The participant marks the distance between the rivers by two parallel lines which the members of the group will go through. Then divide group(s) you have into two teams to an equal number of player.
- **Step2:** Also each team will receive about 6-7 pieces of wood or cardboard. If the number of team players is large, for example, 10, then you can use over one piece of cardboard, each player has one.
- **Step3:** After marking the place to play and after giving the necessary materials, the players explain the purpose of the game. The goal of the game is for the entire team to cross the river using the cartons without stepping or touching the water. If a player in the team is unbalanced and falls or touching the ground, then the whole team starts from the beginning.
- **Step4:** All players have to walk on the piece of cardboard or wood is at hand, then the first player will have to raise his platform and put it on before jumping a step after which the entire team is doing the same. After that, the last player jumps on the front platform and raises it to the first to move forward.

How to Win

Being a team game, River Crossing requires work and communication between members. The team players must discuss and understand all steps and actions. You can be a member who can encourage and help your team to win.

The benefits of playing this game:

- This game creates the opportunity for group members to communicate
- All players contribute to the goal
- Teamwork takes place
The “Human Knot” game is an icebreaker and an effective team building game. It’s exceptional and perfect to enhance collaboration for in every team. Let’s halt the pleasantry. In this game, you’re required to figure out a way to untie a human knot without leaving your hands. This is done with the aid of the whole team.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>10-20</td>
<td>5 – 20 min</td>
<td>None</td>
</tr>
</tbody>
</table>

How to setup

This game “Human Knot” is for a team. The team could be played by a team of 5 persons, and the number could be increased depending on the number of people available; the ideal number of the group would be 10 persons. All participants will chain their hands together to form a circle. This is done with the left hands to the left hand and right hand to right hands respectively. After this, all participants rotate from the outside to the inside and then try to undo the knot.

How to play:

- **Step1:** For an effective game, you’ll definitely need a group of participants to make up the team. The group should constitute about 5-10 people, then make a circle and explain the rule because they’ll need to understand that first. You’ll make sure the participants understand the rules of the game to move on to the second step.
- **Step2:** Each player will have to grab the left hand of the other persons in the circle with their left, and right hand for right hand. Do not extend your hands for other participants outside the circle.
- **Step3:** After making sure that all the players have their hands chained, each player will rotate inside the circle and thus form a knot. At first glance, the knot will be thick and congested because of the numerous crossed arms, it’ll be more convenient if the group spreads out a bit of allowance.
- **Step4:** Be ready to be flexible and bend, twirl, in any position to untie the knot. Of course, at the first stage, it will be difficult, but because it is a team game you have to think about the whole group involved in this activity.

How to Win

Human Knot Game is one of the several team-building games, so your involvement will be necessary to restart the game. Be very flexible and also cooperate with your team for a better result. Do not hesitate to encourage and appreciate the effort of all group members.

The benefits of playing this game:

- Effective communication in a team building game
- Better knowledge of other people
- Creates a pleasant atmosphere
Team Building Games

Moving Orange with Knness

Moving oranges with knees is a very popular and well-known game. It involves a lot of energy from the participants, and also a very interesting game. Things you need to do in this game at first appears simple, although a bit challenging and harder in practice. Within a given time, you have to carry the oranges between your knees to the circle at a certain distance.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 - 4</td>
<td>5 – 10 min</td>
<td>10 oranges Circles</td>
</tr>
</tbody>
</table>

How to setup

In this game, teams are selected and one player from each team participates. If there are 2 teams, one from each team will participate. Each participant is given 5 oranges and a circle is placed at a distance of 5 meters. The oranges are moved between the knees by the players and placed in a circle. You can modify the rules and you can put 2 players from the team. When the first put the orange in the circle starts the second player.

How to play:

- **Step1:** Mark out the place where the game will be played. Then put the circles at the corresponding distances. It is good that the distance from the start to the circles is not less than 5 meters.
- **Step2:** Explain the rules of the game and make sure everyone understands what they have to do. For the atmosphere to be more enjoyable, it also demands a joyful music in the background.
- **Step3:** Players have 5 oranges. Their mission is to kneel down and take the oranges between the knees after which they get up and jump and move the oranges to their circles (*without their hands touching the oranges)*.
- **Step4:** If the orange drops from a player, he stops and tries to raise the orange with his knees, and then moves on. The winner of the game is the team that first puts the 5 oranges in the circle.

How to Win

In the game "Moving oranges with knees"

- You have to be very mobile and flexible. It is not easy to raise the orange between the knees, therefore, you need patience and focus.
- Pick up the orange from the floor, ensure that it is well placed between your knees. Such that it will not fall down in the process. Also, be careful the way you jump with orange between your knees. If jumps will be more gentle and stable, then the orange will not fall and you will win extra seconds.

The benefits of playing this game:

- Improve in interpersonal relationship and teamwork
- Relax, have fun and forget about their problems
- Creates an atmosphere of humor and builds friendship
Team Building Games

Four Corners Game

The Four Corners game is up to scratch for any age group. It is accepted and popular, especially among youngsters and teens. It can be played in any condition to have simple and light rules. You can use it for learning as well as in a pleasant atmosphere. The goal of the game is to eliminate the four players in four different corners.

How to setup

For four corners game, you will need five people. One of the players will be in the middle and the others will be in four different corners. The corners will be numbered with the corresponding numbers from 1 to 4. This game can be organized indoor as well as outdoor. Players in the four corners are given a few seconds to pick up their place and stay there.

How to play:

- **Step1:** First of all, start with the technical side and prepare everything to get it. If organized indoor, mark the 4 corners of the room with numbers from 1 to 4. Choose five people to be participating, then describe the game and the available conditions.
- **Step2:** A participant should play as a middleman. The middleman will be blindfolded with a little fabric or any available material so he can’t see anything. He’ll start counting out loud, from 1 to 10. During this time the four players in the corners can move and exchange their place.
- **Step3:** Once done with the count, he’ll choose to mention any number ranging from 1 to 10 to represent the four corners. Any player standing at any point he mentions first will be eliminated. If only 4 players participate, then only one participant of the 4 can sit in one corner. But 8 players could participate, but note that a maximum of 2 players should be found in any of the corners.
- **Step4:** The game will continue until all four players are eliminated. It is also important to mention the way the participants move. You have to do it in a quiet way so you will not be heard by the middle one.

How to Win

The four corners game is a group and very dynamic. That’s why you have to be very careful and conceived for the whole time. If you are the middle person being tied to sharp eyes carefully all the movements and around you to figure out in which corner the participants are. If you are at the corner, then be careful of your movement – it should be sensible so you won’t be making noise, and be heard.

The benefits of playing this game:

- Helps in developing concentration
- Boosts familiarity and optimizes the advantages
- Develops friendship in a team
Follow The Leader

Follow the Leader is a dynamic game and also very interesting. It plays in the shape of a circle and can be adapted to the existing conditions. In the game, the person in the center tries to identify who's the originator of the activities, and people attempt to imitate one leader's activities.

### How to setup

Follow the Leader is an action game that acts as warmup action or a good energizer. There is no preparation. Find a large open space, either inside and outdoors. Ages 8 and up Recommended.

### How to play:

- **Step1**: All participants in this game must make a circle and listen to the rules. The organizer ensures that those present are ready to play. Ask an individual to leave the room for a moment. This person will act as a riddle for the round. The group decides who should be the leader while he or she left.

- **Step2**: Invite the person who left for a little while, and is arranged in the center of the circle. When the round begins, everyone starts to beat their arms down and up. The leader will begin to make other movements without being too obvious to discover that the leader is, and everyone reproduces the activities of the leaders.

- **Step3**: The leader can do exactly what he wants. Everyone in the circle should be careful to avoid visual contact so that the individuality of the leader is not denied. The one inside the circle has to turn his head to try to figure out which individual is the leader. The one in the circle who intuits who the leader is allowed to make up to 3 assumptions.

- **Step4**: If the person inside the circle assumed who is the leader, they are exchanging seats. The one who was the leader is coming out for a while because that someone else has to be chosen. It plays so until many have the opportunity to be leaders.

### How to Win

In the game, Follow The Leader, it's important to be ready to assume the role of a leader, but also to watch carefully if you are in the center. If you are in the position of the leader who coordinates, then do the gestures when the person in the center does not look at you. But if you are at the center of the circle, follow carefully who will be the first to change the rhythm or movements.

### The benefits of playing this game:

- Participants in this game communicate with gestures
- Develops attention
- Participants have the opportunity to learn new things about them
Team building Games

1.6 Cups X and O

Cups X and O glasses are a fast game and offer a great opportunity for players to concentrate and dissipate their attention and thought. It resembles a lot with other types of games, for example, tic-tac-toe but as the content is different because it involves another activity. Think, hit, and target. All this in 9 glasses of water x and 0. Do not miss the chance to be the one who will try and stay impressed with this game.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>2-6</td>
<td>5 – 10 min</td>
<td>Tables, 9 glasses filled with water, 20 table tennis balls</td>
</tr>
</tbody>
</table>

How to setup

It is necessary to prepare a room or a leveled ground. On the three tables where the game will take place, it is necessary to arrange it at the same distance. The distance is good to be between tables at 0.5 meters. Prepare 9 glasses of 200 gr. filled with water in three parallel lines both vertically and horizontally.

How to play:

- **Step1**: Two players from different teams are chosen. Everybody gets about 10 table tennis balls, next to him in a bowl.
- **Step2**: Choose 3 tables. It is preferable to be of the same size. Place 9 glasses filled with water on the middle table. On these glasses, they have to cushion the tennis balls.
- **Step3**: It is also marked as a cone or other observable object at a distance of 0.5 meters. In this place, the player will throw the tennis balls. At the start, The players both of them trying to hit the table in front of them with the tennis ball in such a way that they reach a certain glass on the middle table.
- **Step4**: Throw table tennis balls until 3 glasses are completed. They can be diagonal, vertically or horizontally. The one who completes the first is the winner.

How to Win

To win this game, it is necessary to take into account more. First of all, keep the optimum distance when throwing tennis balls on the table to get into the glasses. It is also good to feel the blows in order not to give the target rate. If your opponent has hit any glass try to block it and also search for empty glasses to fill them with your own color balls.

The benefits of playing this game:

- Develops hand coordination
- Develop orientation in space
- Players can test their coordination skills
Icebreaker Games

Who Am I Game

Lately, team building games have gone mainstream. One of the best is the “who am I” game. This game helps to enlighten you more on the detailed description of significant characters. It has to do more with the ability to retain vital information and descriptions about these characters; being an icebreaker game it makes the atmosphere pleasant and exciting.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>2-15</td>
<td>5 – 15 min</td>
<td>Pieces of paper, glue, and scissors</td>
</tr>
</tbody>
</table>

How to setup

This game is not really time-consuming; when you have a moderate number of participants, it could take around 10-15 minutes. It also doesn’t require many materials, you’ll just need a paper to write the names of the characters and stick them on the player’s forehead or back. The simplest place to get the characters and their details are your magazines and other sources.

How to play:

- **Step1**: Each participant will receive a tag with a characters name, quality or a dominant feature. This can be glued to the forehead or back - remember to clear the participants on the rules of the game.
- **Step2**: There are two possible ways to play this game. The first is when all the players participate simultaneously. Alternatively, the players could come each at a time.
- **Step3**: The players question you about the identity of the characters on your tag. The can also ask yes/no questions just like ’Is he a man?’ ’Is he a writer?’ and lots more.
- **Step4**: The game ends when all the participants must have answered their questions, or when the set time elapses; that's if you set a time limit.

How to Win

Of course, you’ll need to prepare clear and appropriate questions to get a good answer. Start with general questions and then pass to specific questions. If you are not sure of your answer then ask additional questions that will help you clarify this.

The benefits of playing this game:

- It creates a favorable atmosphere for communication
- It develops a healthy and retentive memory
- It helps to increase the knowledge about certain things.
Icebreaker Games

2.2

The Name Game

Do you have a new teammate? The Name Game is a perfect activity to introduce them to everybody. Name game makes the newbie feel welcomed and enhances team building. Adding the exciting nature of this game, it’s flexible and cheap to organize. This is a perfect icebreaker game for any team.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>2-20</td>
<td>5 – 15 min</td>
<td>1. Pens 2. Paper</td>
</tr>
</tbody>
</table>

How to setup

The flexibility of the game allows you to adjust the terms to the best fit. There are basic requirements you should consider while planning this game. In The Name Game primary factor is your teamwork. Around 2-20 person should play; over 20 people seem much, and that makes little sense. Your venue should accommodate your team with comfort. You should set all the materials before you begin the game.

How to play:

- **Step1**: In The Name Game, the team should agree on any class or category for the names: it can include animals, countries, cities, villages, celebrities and lots more. You should give each player a number know the number of participants for the record. Mention the rules of the game out, so everyone understands it.
- **Step2**: If you’re done with selecting a category, the first player should start by mentioning a name, and the next player comes up with a name beginning with the last letter of the mentioned country. A perfect example is the name category ‘Country’. If the first player mentions America, the next player should mention a country that starts with the last letter ‘A,’ just like Afghanistan. The next player will choose later ‘N’ and name a country like the Netherlands. And the trend is back to ‘S’.
- **Step3**: Continue with step 3 until a player fails to come up with a name or wastes time before mentioning one. Once this happens, you eliminate the player, and the remaining persons will continue playing. This continues until you come up with a winner.
- **Step4**: The great thing about this game is that the category if the word can be changed at intervals, and that’s where variation and flexibility come in. It’s best to choose a class that offers a wide range of names with different ending later. You could change the letter format, and it could improve the rules. However, it's essential to avoid deviating from the principal subject.

How to Win

Being a team game, River Crossing requires work and communication between members. The team players must discuss and understand all steps and actions. You can be a member who can encourage and help your team to win.

The benefits of playing this game:

- Develops focus and attention
- Allows players to get to know each other better
- It widens your horizons, and you get to know different words and names
Icebreaker Games

2.3 Human Bingo

The idea of the game is to interact with group members to discover the person whom the statements written on the sheet are true about. In order to do this, participants have to walk around the hall and speaking in a whisper, they have to find someone who is affixed to any of the statements on his sheet. The person signs on the right square and both continue searching.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-20</td>
<td>5 – 15 min</td>
<td>1. Pen and Paper (for all participants)</td>
</tr>
</tbody>
</table>

**How to setup**

There are up to 20 people in this game who interact with each other through various questions. Each participant must have a paper in which the same statements must be written. There are several statements written on these charts. Although, you can adjust the affirmations according to your group.

**Examples of the statements:** He likes to cook, travel to countries in Europe, lives with other family members, reads the newspaper regularly, has his own laundry, has more than two animals, plays a musical instrument, can speak in several foreign languages.

**How to play:**

- **Step1:** Print the game cards. There are various personal statements on Bingo. Participants need to interact and find someone in the group, for which the statements on the fiche are true - one man on each affirmation. To do this, participants have to walk around the room and whisper between each other (*the rule is never to speak loudly so others may not hear the answers*).
- **Step2:** When they find someone who meets the criteria on the fiche, they must sign with their names in the designated box, then they will both search for it. A participant can sign only one time for another person. In order to complete the whole sheet, the participants must interact and talk to as many people as possible.
- **Step3:** When someone fills out the card, he gives a shout *Bingo!* and sits on the chair. After the first three Bingo shouts, the game stops.
- **Step4:** Depending on the context, you can change the affirmations. In this way, the participants will be more interested to play this game once.

**How to Win**

You need to be very open to communication and to socialize with people. Be the first to interrogate the group of people you will be in touch with. Read the affirmations carefully so that you do not hear and go to another person quickly and look for whether the statement is for him or her.

**The benefits of playing this game:**

- Develop excellent team spirit and good communication skills
- Increase interest and curiosity about other colleagues
- Give a list of characteristics of the group to which he/she belongs
Icebreaker Games

2.4

Photo Scavenger Hunt

Do you know the main reason we play games? It is because of the fun and memories we get afterward. If you are really in for fun, then try this game “photo scavenger hunt”. It is a cool game for spring-autumn times. This game is about making digital pictures that are later gone through for the best. This game is really fun.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>10-20</td>
<td>15 – 20 min</td>
<td>digital cameras, pens, papers</td>
</tr>
</tbody>
</table>

How to setup

This game demands creativity, but as a team building activities, this is normal. In this game, there can be several groups and each should have about 3-5 players. This game is time demanding because most of the actions are done outdoor, therefore allocate enough time in your schedule for it.

How to play:

- **Step1**: For a start, gather all the groups involved in the game. Each group will have a list of similar items they will snap and the place to get them. The items may include a flower with yellow petals, a Ford brand car, a cat, a tree etc.
- **Step2**: All the groups will take off at the same time. You can allocate more time depending on the list of objects you have written. Do not forget to get the digital camera, at least one for each group.
- **Step3**: Once the time elapses, all the groups will come back and show the pictures they have made. Some members will be elected to select the best pictures. Note that all the team must get a picture of the same objects or places as listed.
- **Step4**: Each team will be scored with respect to how good their picture looks. The team with the best pictures wins and is rewarded. But do not hesitate to appreciate the other teams.

How to Win

This is a creative game for a small group. Owing to that, you should share your ideas and make the best decisions to increase your chance of winning. Always keep track of time. you can save time by checking for items on the list that are much easier to find and going for them. Work together as a team.

The benefits of playing this game:

- Helps in creating good memories
- Involves activities in nature
- Develops teamwork
When last did you play a game that allowed you to fully use your IQ? If you are really interested in such games then you should go for this game “WORD ASSOCIATION”. There are numerous thing about this game that makes it remarkable. This game is really fun and can be played in any group.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-15</td>
<td>5 – 15 min</td>
<td>1.pens</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2.papers</td>
</tr>
</tbody>
</table>

### How to setup

This game acts as a fast and useful word machine, in which you generate words that are related to the main word raised by the first player. One of the players has to first start with any word and other players will follow suit with by saying words that are related to the first word. The players should be arranged in a circle and it is more reasonable to play the game in a solemn atmosphere so the players can easily concentrate and everyone can be heard.

### How to play:

- **Step1:** The players will secure a serene location and will form a circle. The leader of the game will readout the rules and will make sure everyone understands what they have to do and then move on.
- **Step2:** After the first step, one of the players will have to say a word out loud. The word should preferably be a noun or a word from which you can make other words. After the first player’s word, the next player clockwise will quickly say a word that is related to the previous word.
- **Step3:** The game will continue until somebody goes wrong. A player defaults if he delays for up to five seconds without a response. If a player cuts the connection or repeats a word twice then he is out of the game.
- **Step4:** Eliminated players can only contribute from outside, maybe by helping other participants to find out the mistakes they are making. To participate directly, the eliminated player will have to wait until the game is restarted.

### How to Win

Word Association is a game where that demands you to think fast and efficiently. To win, you have to be mindful of the words you say to make sure they rhyme with the main word. If you are short of words then you will be eliminated and other people will continue.

### The benefits of playing this game:

- Participants are encouraged to be creative
- The game helps in developing IQ and memory
- It helps to improve one’s vocabulary.
The game, Crazy ship, requires a lot of attention and concentration. A person who does not know
the rules of the game must be sent out. So you are all on the ship of madmen and suffer from a "disease".
The person who sent her out has to guess what "disease" is. For this, he has to ask each one, in turn, a
question that can not be answered with YES or NO.

<table>
<thead>
<tr>
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<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - 20</td>
<td>5 – 15 min</td>
<td>chairs for participants</td>
</tr>
</tbody>
</table>

How to setup

When the participants came to be ready to explain the game and how it will unfold. You need a group of
people up to 20 people. You can arrange the circle-shaped participants or sees the seats in two lines in the
semicircle. The game itself is fun if you play by the rules.

How to play:

- **Step1**: The participants in the game form a circle or a semicircle. It is preferable, do not get tired
  people, to sit on some chairs. Of course, you will need some people who do not know the game.
  These people will go out. During this time the participants explained the rules of the game.
- **Step2**: When the person who went outside understood what he had to do, he approached a
  participant by asking him the first question.
  **For example:**
  Question1: What are you doing?
  Answer1: The Crazy Ship
  Question2 (for the second person): What number do you wear on shoes?
  Answer 2: Well (answered the question that was asked first)
  Q3: How do you call your mother?
  Answer3: 37-38

- **Step3**: It plays so until the person coming from outside realizes the logic of the game and the way
  the participants respond. If the first person does not know, invite the second one and it is exactly the
  same. If even this person does not realize what's going on then you can explain the logic of the game
  on the crazy ship.

How to Win

If you know the rules of the game you can not even play. Suggest to those who play to be careful and follow
the answers to the questions of the participants, to figure out what the logic of the game is.

The benefits of playing this game:

- Develop focus and attention
- You can find out how well your logic works
- Participants relax
Icebreaker Games

Simon Says

Is group gaming your kind of thing? Then you shouldn’t keep calm till you try this game, “Simon Says.” This game is great for any team and gives you happy hours to always ponder when you want to feel good. In this game, the major aim is to test your focus and listening abilities; develop them if necessary. The game should be fast, so a second off can cost you the entire moment. Simon Says is ‘Focus’.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-15</td>
<td>5 – 10 min</td>
<td>none</td>
</tr>
</tbody>
</table>

How to setup

In the Simon Say game, you need a coordinator or organizer who’s able to combine different gestures with spoken phrases. Speed is demanded so the process will look a bit funky and technical same time. To be more interesting, you need more participants, even up to 20 people. Preferably, you should play indoors, but outdoor can be great if you can still concentrate and stick to the whole concept.

How to play:

- **Step1**: The game leader should form a circle from all participants. Players can form chain hold hands or still be hands-free if you chose to. Don’t forget to explain the rules of the game to everyone's understanding.

- **Step2**: A participant should be chosen to play the role of the fiction character ‘Simon’. Simon is the leader and should stay in the center to fully face other participants. Simon's role is to give orders as quickly as possible to those in the circle in a subtle way. Just like saying "Simon says jumps up!" At the Simon, phrase Tell all the players must exactly execute the request. If Simon simply says a phrase without including "says" then this is a trap and anyone so fast to comply will lose.

- **Step3**: For circle players, their task is to be good listeners to carefully point out the flaws in these commands to know when to comply and when not to. For example, if Simon issues a command including the phrase "Simon says ..." the participants are compelled to obey Simon's command. Otherwise, you’re not to obey Simons command.

- **Step4**: To eliminate players as soon as possible, Simon needs to issue these commands quickly and subtly. When a player gets confused and makes a move exactly like Simon without saying the words Simon says then he’s eliminated from the game. Play so fast until all the players are eliminated and then the leader ‘Simon’, can be changed.

How to Win

Just as mentioned earlier in this context, your attention must be at the maximum. In this game, Simon Says, focus on Simon, listen attentively to every word that leaves that lips and don’t be so quick to act. For any little distraction, don’t be surprised to entirely lose what Simon just said and make gestures. Act only on the phrase "Simon says."

The benefits of playing this game:

- Increases concentration
- There are many moves and it can be a good exercise for your body
Icebreaker Games

Two truths and a Lie Ideas

The game “Two Truths and a Lie Ideas” is good for first meetings, because it’s an icebreaker. It is beneficial because participants can learn more about them and know more. The goal of the game is for the participants to find out what things are true and false about a person.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-15</td>
<td>5 – 10 min</td>
<td>Small pieces of paper, pens, A small jar</td>
</tr>
</tbody>
</table>

How to setup

You can play the game “Two Truths and a Lie Ideas”, even from the first meeting with a group of young people or children. You need a few materials but it’s important to be brave and be the one with the initiative. It prepares some small papers that participants will have to write down two real things about them and a fake one. Also, have a small jar in which you will collect the sheets after which the written ones will be read.

How to play:

- **Step1:** After all participants have arrived, you must be ready with all the necessary materials and then you will explain the game and its purpose.
- **Step2:** Give each of those present a piece of paper and a pen. On this foil, the participants have the mission to write about them the two real things and a false one. There may be things related to character, desires, etc.
- **Step3:** After you make sure everyone wrote, start collecting the sheets in a jar. Then you have two choices as you continue. The first is to read the paper or go to each participant and extract it from a sheet that you will read publicly.
- **Step4:** The person who extracts and reads will try to intuition the person who wrote it, then what is the real and the false things about it. Note that those who write about them do not indicate their name and family on the sheet. It’s nice and necessary to award a surprise to those who will find the true and false qualities of the people participating in the game.

How to Win

It’s easy to play the game “Two Truths and a Lie Ideas”, if you know something about the people involved then it is easier to find the real and the false things. But it’s harder for those who do not know people. In this case, you need to be careful about the details and your imagination will define what is correct and false.

The benefits of playing this game:

- It is the game that can help people to be more open to communicate
- You can learn more about a person you may not know.
- Helps create a beautiful atmosphere
3.1

The Hand Game

Team or no team, everyone needs to develop their focus and cognitive state. There are several ways to do that, but it’s no fun if it’s not a game, especially the Hand Game. The game is fun if you’re eager and keen to observe the rules. You play this game best in a circuit, and I’m sure you’ll love to check it out.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>10–20</td>
<td>10 – 15 min</td>
<td>None</td>
</tr>
</tbody>
</table>

**How to setup**

There’s nothing much required to set up this game, other than a table - that’s if you wish. This could be an indoor or outdoor game, either of them demands a reasonable number of participants to make it fun. Certainly, a small or unreasonable number of persons will make the game less interesting. The ideal number of persons for this game is 10 to 20 persons. You should watch your time, but that depends on the number of participants.

**How to play:**

- **Step1:** Form a circle shape by holding with your team and place your hands on the table; if you can’t get one, the floor or any flat surface can serve. Each player should move their right hand to meet the person on the right.
- **Step2:** A cross-circle is formed if each person has hands stretched out, and the right hand placed between the hands by the right. Each palm should be on the table or the ground if playing outdoors.
- **Step3:** Ensure the players know their directions from the left to the right. Hitting the palm once against the floor shows the direction goes from left to the right. The next participant by the right should respond with a hit. If anyone hits the floor twice, you should alternate the direction and the person by the left should respond. There’s no particular person to start this
- **Step4:** Continue with the preceding step until someone misses. The could be taking the wrong direction, or not responding to a call. Be alert to avoid responding when it’s not your time because you fail if you do. You can include other rules to make the game fun. Play faster at this pace to make the game more fun and livelier.

**How to Win**

To win this game, you need to put in concentration and caution. Don’t be too anxious to make moves, so you don’t make a wrong one. Observe both directions and be as fast as possible to eliminate those around you. Keep the rhythm and play as carefully as possible.

**The benefits of playing this game:**

- Develops focus and cognitive awareness
- Creates a good and lively atmosphere for the team
- Helps build an elated team
Team building games are taking shots of this season, but it’s rare to find a game that blends perfectly for both adults and kids. This is a racing game in which you’re demanded to maneuver the obstacles and emerge victoriously. The obstacle course is all fun, but it requires activeness and responsiveness. Be the first to complete the game and prove the course can be achieved.

### How to setup

The obstacle course is great with enough number of participants; around 20 or more, team games lose their value when the game is crowded and participant excess. The higher the participants, the more the inventory and sports items employed; attractive obstacles makes the surrounding appealing, and the game much fun. Ensure every participant gets involved, and the teaming should be fair.

### How to play:

- **Step1**: Prepare the ground; it’s best to use a flat and safe platform to avoid accident and injury when playing the game. Conduct a quick drill to ensure all the player are active and familiar with the gaming terms and precautions.

- **Step2**: Set the obstacle; the obstacle choice depends on the level of participants; the obstacle for adult participant needs to be upgraded and tough, so they don’t get bored and cold. You know your team best, and you should determine what kind of obstacle will be more competitive and friendlier to the environment.

- **Step3**: Divide the participants into teams; it’s best if you have a pair of teams, but if the number is much, 3 can serve. The critical part of the teaming is to ensure each group can work together with a leader. The leader must be organized and have a positive feed to the whole gaming idea.

- **Step4**: You can put the following obstacles or probes: One leg Jumping, crossing through circles, jumping with a bag, backing a player while running, surrounding a ball cone, jumping in the lengths of the field, etc. The main idea is to have ideally ten obstacles in the whole course. But ensure your obstacles can be maneuvered by your participants, so they don’t get too tired and bored while playing. End every game fit, so they’re eager to play next time. Flexibility is necessary when organizing a game. Surprises and rewards can get leave them in suspension, so they put in their best.

### How to Win

In the obstacle game, it’s most important to understand the terms, conditions, and requirements of the game. If you meet all the requirements, you can be one of the winners. Take the initiative and show your talent at these tests in the obstacle race.

### The benefits of playing this game:

- Enhances team motivation
- Helps you to bring out the best in you
- Enhances team motivation
Camp Games

Parachute Games

Parachute Games is very interesting and Great Fun Indoors, Outdoors or even every action group of adults, teens or children collect. Parachute Games are stimulating and fun, but they’re an excellent tool for exercise, social interaction, and building collaboration! The goal of the game is to make moves to make different waves. Also, participants in this game can learn how to move in groups, listen and be attentive.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>10-25</td>
<td>10 – 30 min</td>
<td>Parachute</td>
</tr>
</tbody>
</table>

How to setup

Set the opened parachute on the ground - Set up a group of children or young people to attend. Have the children sit or stand around the edge of the parachute, based upon the action - In case the parachute has handles, the children will grasp the parachute firmly by the handles - In case the parachute does not have handles, then show the children how to collect several inches of the fabric in their hands and hold tightly.

How to play:

- **Step1:** Designate a person as the Caller or Counter. The UP must say and the children should lift both arms to produce the parachute float up. When the caller says, DOWN, the kids should lower their arms to the starting position. When the kids are able to raise and lower the parachute in a fairly coordinated fashion, you're prepared to try some of the activities below.
- **Step2:** Suggested Activities - As the kids raise and lower the parachute, the Caller is going to say the name of a young child. The kid is going to let go of the parachute and run under the parachute into the opposite side. When the kid has reached the opposite side and take Good Care of the parachute, the Caller is going to name another kid to run under the parachute.
- **Step3:** This could continue until all the kids had a minimum of one chance to run under. The Caller will name a young kid to run under the parachute, however this time all the kids will bring the parachute down in the same period in an effort to trap or capturing the running kid under the parachute.
- **Step4:** The first kid to be captured should be one you're sure are going to set a good example of being trapped. The game continues until each child had a chance to be caught. The kids will stand or sit so the parachute is taut. Place a ball in the center of the parachute and see how often times the kids could work together to flip the ball in the air and get it to land back in the parachute.

How to Win

As in any game to win you have to be active. In the parachute games, you are looking to be flexible and watch carefully the movements of your right and left. If you meet the basic rules you are likely to succeed.

The benefits of playing this game:

- A lot of movement is being done
- Players interact with each other
- Have the ability to play more players
Camp Games

Capture the Flag

Capture the flag is one of the most popular and practiced summer camp game. The goal of the game is to capture the flag from your opponent and bring it to your goal area without being touched or stopped. Of course, this game is quite tricky because it involves you trying to avoid and outrun a whole team of players to get to your own side of the game, without being caught or touched in any way. It looks pretty impossible, but if you’re observant, you’ll do just great.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>20-30</td>
<td>10 – 30 min</td>
<td>Flags field</td>
</tr>
</tbody>
</table>

### How to setup

To fully enjoy this game Capture the Flag, At least 2 flags are required. Also, there’s no specific limit to the number of persons, and the same goes for the location. However, it’s more advisable to host this game outdoor, yet you could still play indoor, only if the environment is spacious and safe.

### How to play:

- **Step1**: When this game is mentioned, what comes to your mind first is territoriality; you’ll have to mark your territory to demarcate the contesting teams. To begin to capture the flag game draw a middle line to divide the field into two equal parts.
- **Step2**: Place the flags at the chosen area of the field, then the rules of the game are explained carefully to the participants. This might sound simple, but it’s important to know this is where it all lies majorly. If you can thoroughly explain the rules, then you’ll enjoy the game.
- **Step3**: The goal of the game is to capture the flag from the opposition team, then the flag is taken to the base area where the flag point is located.
- **Step4**: Any player who is in the opposition field can be touched by the player in the area. If the player has been reached, he is obliged to go to his district. Here, other variations can be introduced, for example, if a player is touched on the territory of the opposing team can be removed for 2-3 minutes. If the player who took the flag from the opposing team is touched, he is returned to his area, and the flag is put in his place. Playing in this way until a team manages to bring the flag to her side.

### How to Win

To emerge the winner of the game, all the participants must be well organized and ready to play as a team because it is a game that involves teamwork which is the only way the goal of being declared the winner can be achieved. The team must have excellent play tactics and a responsible leader who will lead the team to victory.

### The benefits of playing this game:

- Different people can come together play the game and have fun
- Different playing tactics and skills for the game are exhibited
- Participants can communicate and interact with each other
Camp Games

Dodgeball Games

Are you looking to play a ball game for a large number of friends this holiday? Dodgeball is the best fit. This game is fun, both indoor and outdoor. The main objective while playing this game is to win your opponents by hitting the ball just below their knee from your side.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-20</td>
<td>10 – 20 min</td>
<td>Marking ribbon, lightweight ball</td>
</tr>
</tbody>
</table>

How to setup

Dodgeball is amongst the few team building games that require little or no materials for preparation; you can quickly set it up with just a few materials. However, the number matter; at least 20 persons are required to make the best of this game; whereas, a lesser number of persons can still play effectively.

How to play:

- **Step 1**: First, get a venue. You don’t just come up with any place. When playing outdoors, check out for areas with plane surfaces and fewer risks. Otherwise, a hall will be great to play this game! The playground is then divided into two equal parts by a marking ribbon.
- **Step 2**: Participants should split into two equal teams. Each team is to take apart the divided floor, while they pose as opponents to the other team. The ball should be passed to a team to start the game; there’s no compulsory routine to know which team handles the ball first, but if it poses as a challenge, chose any random.
- **Step 3**: The target of each team is to win the opposers by getting the ball to hit your opponents just below there knee level. Each team throws the ball from there different side to ensure organization.
- **Step 4**: One touched, the player should surrender to notify and automatically eliminated. Other players will continue until any team is eliminated and the surviving team emerges winners. After the first round, you can reshuffle or choose entirely new teammates. Where the platform doesn’t support this description, you can form arrange all participants in a circle and take seats. The goal of this course is to defend your seat and yourself from the balls.

How to Win

You don’t need any particular skill or material to win; concentrate and employ great caution to ensure you’re not hit. Always aim from the closest opponent for accurate shots. If you can apply a good tactic from start, then you have a greater chance of winning the game.

The benefits of playing this game:

- Encourages collaboration in the team
- Boosts concentration and other cognitive capabilities
- Fosters effective communication
Indoor Games

4.1 The Bodyguard

Do you think you really want fun? Or are you easily bored during games? then try out the Bodyguard. The bodyguard is a fun game, a game for a large group of persons so that there are enough interaction and zero boredom. Are there not enough people around you to form a group? No problem with that because you can still play with a small group, but it is just better to have more players. The Bodyguard in the game has to defend the peaceful man from attacks coming from outside their territory. The balls are thrown by the opposing team outside the circle. This game captures your attention and makes you pay attention to your fellow gamers.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-15</td>
<td>5 – 10 min</td>
<td>cones for marking, softballs</td>
</tr>
</tbody>
</table>

How to setup

To play this game the players form a circle with two players inside; one as a bodyguard and the other guy is to be protected. Each player outside the circle should mark his place with a cone. The game starts with a ball that aims to hit or touch the furnace that is protected by the bodyguard.

How to play:

- **Step1**: Choose the players within the range of 5-20 people. These people form a circle each being marked by a cone or other object. After choosing the circle you choose two other players who will be in the circle. One of them will be the peaceful man and the other is his bodyguard. The bodyguard will have to protect the peaceful man from the balls coming from outside the circle.
- **Step2**: An outside player starts with a ball to open the game. The goal of each player on the outside is to touch the peaceful man from inside. The bodyguard will do nothing but protect the peaceful man with his hands and body and avoid all the balls from the outside.
- **Step3**: If the ball falls down or is thrown out of the circle, bring it back and continue playing with that ball. If a peaceful man is not touched after about 20 passes, then the outsiders will get a second ball so there are two balls and one bodyguard.
- **Step4**: If the peaceful player is hit then he will take the place of the bodyguard, and the player that hit the peaceful man will be a bodyguard. In this way, the game gets more interactive.

How to Win

To be able to win this game it is important to play as a team. If you do not have free space and you are stuck then pass the ball to a player who is closer to the peaceful man. Play with your initiative and try to throw the ball in directions the bodyguard isn’t protecting.

The benefits of playing this game:

- Players learn to play in the team
- The protective instinct develops
- Communicate with all participants
Indoor Games

20 Questions Game

The 20 Questions Game is simple. It’s questioning your opponents to drive a clue to determine an unknown keyword. Just as the name implies, the maximum number of questions is 20, so no one gets bored, and everyone has fun! It’s a perfect icebreaker game and an excellent activity for introducing new teammates.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>10-20</td>
<td>5 – 15 min</td>
<td>pens, papers, chairs</td>
</tr>
</tbody>
</table>

How to setup

The 20 questions game is easy to set up as it requires no material but the three things listed above. Just as every team game, you should have your team prepared; around 10-20 persons least. Your space should occupy everyone in the team because you’re to arrange in a circular form. It’s important they feel comfortable so they can concentrate and recall questions.

How to play:

- **Step1**: Once you have a prepared team, organization comes up. You’re to choose a leader who can organize this game in a calm atmosphere and carry everyone along. After organization, select a participant from the group for questions from the groups.
- **Step2**: The chosen participant should leave the surrounding while the leader and the remaining participants pick any word relating to there surrounding; it could be a name, an object or any sensible keyword. Leaving the selected participant outside is to ensure he doesn’t eavesdrop or get to hear the word by chance. After you’ve reached a keyword, the participant is invited.
- **Step3**: You’ll allow the participant to ask only 20 questions geared to leave a clue on the selected word. The other participants are to answer yes or no to these questions. This includes is questions such as ‘is it a person?’ , ‘Is it red?’ and lots more.
- **Step4**: This is a maximum of 20 questions, and that’s the major rule! If he can get the right word, then another participant is selected for the next round.

How to Win

If you are the selected player, your 20 questions should be well-formulated so you cover every possible option and reduce mistakes. It starts with general questions and then more specific to identify the word. For example, you can use the flow: Is it an object? Is it a man’s name, etc? The answers narrow your option down.

The benefits of playing this game:

- All participants are carried along in the game
- There may be variations or other rules
- Create a pleasant atmosphere that can be useful to the team if you are after a day of work.
Indoor Games

Pictionary Game

Pictionary Game is a good icebreaker game, and it’s best played in a confined space or indoor. In this game, each team is to identify and name pictures and drawings from the team. It requires drawing skills and demand you can identify pictorial representations.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-20</td>
<td>5 – 15 min</td>
<td>paper, notecards, pens</td>
</tr>
</tbody>
</table>

How to setup

Pictionary game is best played by teens and young kids. Up to 20 persons can take part. The organizer should prepare a list with the name of what the team is to draw while the placers will match the picture to the list.

How to play:

- **Step1:** The participants should team up into 3 groups at least. 3 is the minimum number but not the limit. Give each team a large sheet, pens, markers, or a whiteboard (if available). You should pick a team who will start the game.
- **Step2:** After selecting, team A should meet the organizer and take a card in which contains a name or word that represents a unit from any particular category (object, action, place, animal, person or something).
- **Step3:** you’re to draw the anything you’ve chosen, and you have only but 1 minute. If the team members manage to identify the word in the set time, they have one point. No aid or sign in when trying to get this drawing and that can be marked as cheating. The player who signed to take the card should just draw the item on the card.
- **Step4:** The number of items or rounds should not be limited as long as it remains fun. The team that will accumulate the most points emerges victorious, and that means the list should be enough. You can make variations, instead of drawing to mimic or explain words.

How to Win

In Pictionary Game, the whole team has to be involved and very active. Being a group activity and team all have the opportunity to contribute to the accumulation of points. A big role is also played by the team member who will extract the card and how he will draw the given object. Be clear in painting the extracted image.

The benefits of playing this game:

- Develop your imagination
- A favorable context is created where team members have to demonstrate good organization and understanding.
- Non-verbal communication is developed
Indoor Games

Heads Up Seven Up

Do you still cherish those old days memories in school? Then check out “Heads Up, Seven Up.” This game is the quiet type, and it’s defined to exhibit a classroom atmosphere where you have tables, a serene environment, and that extra feeling words can’t put down. If you’ve been in school, then you’ll know better.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>10-25</td>
<td>10 – 30 min</td>
<td>Tables, chairs</td>
</tr>
</tbody>
</table>

How to setup

To get that feeling of a classroom, you need not to be told that the most adequate environment for this game will be indoors in a ventilated and spacious room. However, to ensure you’re not cut out, you could play outdoor, but the environment should be conducive, with little or no distractions at all.

How to play:

- **Step1**: Seven persons should be called out from the entire group to come forward (but that depends on the available persons), and they’ll be addressed as the seven we have in our caption. The remaining persons should take a sit by the tables and pay keen attention to the leader of the game. The leader here serves as a teacher, and the first instruction you’ll issue out is “all heads down and eyes closed.”

- **Step2**: The participants that have their head on the seat already should raise a thumb, slightly above their head. And then the teacher signals the outstanding seven. When the teacher cried out, no one of the participants had to move or open their eyes. Everyone stays closed and picks up a finger at the top of the mine. Then the teacher signals to the seven participants in front of the students to go to the room quietly.

- **Step3**: The seven are to go through the class quietly and touch any thumb off all the raised fingers. It’ll be done in such a way that the sitting participants having their heads down don’t know who amongst the seven touched them. After this, the seven will return to the front of the class.

- **Step4**: Now, our acting teacher should call every once attention and allow them to raise their heads up. This is where the game comes up. The touched persons will have to intuitively determine the person that touched the thumb. For example, if Veronica is one of the students who has been touched by Alexander, who is among the seven who are standing in front of the class. Veronica will have to perceive this, and if she’s correct, then she has won.

How to Win

If you participate as a student, you are likely to be a winner if you carefully observe the movements of the seven who will try to reach you. Anything you can hear it with your ear. If you are one of the seven who has the mission to achieve, then you will have to behave differently than your usual self. You have to mislead the students so they can’t determine who just touched them.

The benefits of playing this game:

- The game creates this classroom atmosphere and reconnects you back to the old days
- All participants can exchange seats
- Creates a pleasant and calm atmosphere
Indoor Games

4.5 Drop Egg

In the Drop Egg the participants try to build structures that’ll house and protect an egg when dropped from a height. The game is fun, and everyone is carried along because it demands that each person makes some necessary contribution to building this structure and house this egg. Any team that develops a study structure which can protect the game wins the contest.

<table>
<thead>
<tr>
<th>Number of participants</th>
<th>Times</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-20</td>
<td>5 – 15 min</td>
<td>Raw chicken eggs, Straw, Paper, Thread, Masking tape, Tables</td>
</tr>
</tbody>
</table>

How to setup

There’s no specific place to run this project; you run the game indoors outdoors. However, I’ll prefer a room, especially when it’s not congested and is high enough to take the drop. Same goes for the participants; make sure the room isn’t so crowded, and the teams can be divided into 4 or 5, with an average of 5 persons for each side. The time limit is flexible, so feel free to fix that.

How to play:

- **Step1**: Chose your target group and make sure the necessary materials for the game is prepared and evenly distributed. To avoid certain misconceptions and unforeseen circumstances, leave a spare of all equipment you’ve gathered for this game. Organize your team and carefully state out the rules and steps you should be taking; everyone should know this before you get started.

- **Step2**: The goal of this is the same for all teams, and that’s to build protection for the raw egg they’ve been given. They have the necessary materials for construction, so you’ll have to monitor them (if the leader), and after the structure, the will be thrown from a height, and anyone that survives this fall wins the game.

- **Step3**: There’s a no specific time limit, but a few minutes should be enough. However, each team should be given the same time frame, and each side should have the same supply of material to ensure uniformity and avoid cheating

- **Step4**: Once the time elapses, the organizer or any other selected person will take these structures with the egg and drop it from a certain height. The eggs should be left from the same height to ensure a fair play. Once the egg doesn’t break, then you have nothing to lose. However, if yours doesn’t survive the fall, then you’ve lost.

How to Win

The Drop Egg isn’t just fun, it enhances building and collaboration in any team. Each team has to work together to construct reliable protection from various materials; carefully select your pattern, and you’re good to go. Also, keep it in mind that the total time spent matters.

The benefits of playing this game:

- It enables teammates to share experiences
- Participants have the opportunity to help out when necessary, so no one feels left out
- The goal is achieved together as a team, thereby enhancing team building
Blind Contour Drawing - is a beneficial exercise for everyone and especially for those who want to improve their writing with imagination. By drawing on the successive parts of the shape Contour drawing is producing line drawings. Without looking newspaper while drawing on the topic you are drawing with concentration, blind means. The goal of the game to improve your visual concentration.

### How to setup

For this game, you will need space and peace. Of course, the materials prepared in advance also matter. Half per hour drawing your environment. In this problem, you'll start to comprehend the importance of having the ability to concentrate on what you're seeing. This exercise will need a lot of concentration it is among the exercises in that the beginner might have an excellent degree of success. Learning is what shape drawing is about.

### How to play:

- **Step 1:** Arrange all things to be convenient to work and apply this exercise. You're starting with probably the most difficult shapes to draw, the hand. You'll be beginning the drawing on by placing or pose the hand you're not drawing on with on the table in an intriguing, but the comfortable position in front of one.

- **Step 2:** Look at a point on your hand where you're going to begin the drawing, take a take a look at your paper and put the pencil on your newspaper in that position. Now look back at the hand you're drawing from, start to move your eyes across the shape as you move on your pencil on the paper, don't take a take a look at your paper.

- **Step 3:** Move the pencil on the newspaper imagining that the pencil point is, in fact, touching the hand you're drawing. Trace this first shape of your hand in every piece of information, since it as you draw. Don't take a take a look in your newspaper after putting the pencil in its initial position continuously looking at what you're drawing.

- **Step 4:** Move the pencil on the newspaper imagining that the pencil point is, in fact, touching the hand you're drawing. Trace this first shape of your hand in every piece of information, since it as you draw. Don't take a take a look in your newspaper after putting the pencil in its initial position continuously looking at what you're drawing.

### How to Win

In order to have a good result in Blind Contour Drawing, it's important to focus on it. Drawing can be successful if you combine all lines in a well-arranged form. Feel the end of the first line so you can trace the second line.

### The benefits of playing this game:

- Increases concentration
- Realize if you can combine two things at once.
- Participants can be motivated by their results.